


How to use the Start Over – Catch Up (SoCu)* Feature

Keep up with your shows using Start Over and Catch Up.

Shows with Start Over and Catch Up available display a Start Over/Catch Up icon  in the Guide or mini-guide (pressing DOWN while watching live TV), or on when you highlight an episode on the Series screen.

- **Start Over:** If you start watching a live show when it is already in progress, and want to start over from the beginning simply start playing the show, then press and hold OK to start over from the beginning.
- **Catch Up:** If you missed an episode when it aired, Catch Up lets you watch it after the fact. (Availability depends on the show.)

Hint: To find Catch Up shows, page LEFT in the Guide and look for the Catch Up icon. Select a show with the Start Over/Catch Up icon and then choose the "Watch Now from Telus SoCu option."

To watch a video tutorial on how to use Start Over & Catch Up, click [here](#).

***Disclaimer:** Please note that the SoCu feature is not offered by all content providers.